



MUSIC:
Halloween a family tradition
for The Tilted Kiltz
P. 11

FASHION:
Family enjoys costumes
year round with cosplay
P. 16

ON THE SCENE:
At the Big Hug Fund
Halloween Bash
P. 22



A CHANCE OF GHOSTS

A CHILLING CHILDHOOD INCIDENT
STOKED MILES VANGHEL'S INTEREST
IN PARANORMAL INVESTIGATIONS **P. 6**

FREE

CITY NEWS

TV DOCUMENTARY 'THE OTHER SIDE'

Sask. ghosts coming to the small screen

By Ashley Martin

Jeff Richards wasn't afraid of ghosts until last year.

In filming for the documentary series *The Other Side: The Regina Initiative* he changed his mind.

"For a long time I had always told people when I was doing science work that the spirits can't harm you," said Richards, one of four ghostbusters in this Sask. television-produced show, which follows the team as they try to make contact with ghosts across Saskatchewan and Alberta. It will air nationally on APTN beginning in January.

Though he can't divulge many details, he says a crew member was attacked in a Saskatchewan home during an exercise to provoke a spirit — "sort of like poking and prodding a little bit at it so you can elicit a stronger response."

The person was streaked and the ghost left marks.

"I was pretty shaken by it," he said. "Every night I took any little guys into bed and I tell them that there's nothing to be afraid of. In the dark and that was the first time when I realized, 'Wow, there are truly, truly things to be afraid of in the dark' and there's never any play from just haunting the ghosts."

The Other Side, filmed over five months last year, also stars paranormal investigator Bill Connolly, researcher/author Jason Prinsville-Wolf and elder/initiator Sam Charles.

Produced by Saskatoon production company Angel Entertainment, the show breaks new ground in the paranormal reality genre.

The 10 half-hour episodes have a strong aboriginal focus.

"The whole perspective looking at it from the aboriginal cultural perspective and how they interpret what they're seeing, I think that was such a great uniqueness

to the show and I think that's what people will respond to," said Wolf, staff co-writer of *Angel Entertainment*.

"A ghostbusting show has never been done where they've approached it from this sort of rooted cultural perspective," said Richards.

When producer Jennifer Pedersen approached the production company with her idea, first instinctively thought it would be a strong show.

He said Richards agree it is presented more intelligently than other ghostbusting shows which tend to feature "three kind of bumbling guys running around in the dark asking 'what was that?'" getting spooked by sounds and noises," said Richards.

Plus, there is skepticism to noted.

"They each have their own reservations," Bill Connolly, he wants to be able to measure it, he wants to be able to detect it with his sensitive brain gear. And Prinsville, with her paranormal background, — she challenges the guys in terms of, 'Is this real?'" said Pratt.

There is already talk of a second season, for which Pratt hopes to expand — both geographically and temporally.

He is able to focus on more of Western Canada, Manitoba included, and go from a half-hour format to one-hour episodes.

Richards hopes people learn something from *The Other Side*.

"Even though culturally the spirit world is supposed to be so knowledgeable as being ever-present and always there, a lot of aboriginal people still don't necessarily feel 100 percent comfortable dealing with these sorts of things and approaching the spirit world," he said.

"I'm really hoping the show opens up a dialogue more so about human contact with the spirit world because some people are still uncomfortable with it."



The cast of APTN's *The Other Side* (from left) Jeff Richards, Bill Connolly, Jason Prinsville-Wolf and Sam Charles. SUBMITTED BY PHOTO

INDEX

ON THE COVER P. 6



Mike Wagner and his brother Jerry Wagner with some of the equipment they use during paranormal investigations in Saskatoon. (C) Kelli Innes/LEADERPOST

TABLE OF CONTENTS

CITY NEWS — 2

Sask. documentary follows four ghost hunters

IN THE CITY — 4

Photographer Michael Bell's best shot of the week

COVER — 6

A chilling childhood modest stoked Mike Wagner's interest in paranormal investigations

MUSIC — 18

Halloween's family tradition for Debbie band The Titled Kids

READ BY BOOK — 12

Sarah Nelson's spooky I Can See You

EVENTS — 13

FASHION — 16

Fiermy enjoys costume year round with cosplay

INVENTORY — 17

Finds for which's new year at The Bloom Closet Woodcraft Supply Shop

OUTSIDE THE LINES — 18

Artist Stephanie Kofsky's weekly colouring tradition

ASK ELIJE — 19

SPACES — 20

Hunted house costumes are to bring Halloween back

ON THE SCENE — 22

At the PFM Capital Big Run Fund Halloween Bash at Crane Kitchen & Wine Bar

PARENT TO PARENT — 24

Parents share their favourite Halloween activities

GARDENING — 24

Columnist (B) Bernice-Jones ancient flora for protection on All Hallow's Eve

CROSSWORD/WORD — 25

SHARP EATS — 36

What to do with leftover pumpkin plus Halloween treats and eats

WINE WORLD — 37

Shack your party guests with an eyeball martini

MY FAVOURITE PLACE P. 5



Sarah Kias walks through the Regina Cemetery. (C) PHOTO BY TONY TULLOCH

QC COVER PHOTO BY MICHELLE BERG

QC is published by the Leader Post — a division of Postmedia Network Inc. — at 1944 Park St. Regina, Sask. S4N 3G4.

Rob McLaughlin is editor in chief.

For advertising inquiries contact 781-6221; editorial 1-855-688-6557; home delivery 781-6212. Hours of operation are Monday to Friday 8:30 a.m. to 4:30 p.m.

The contents of this publication are protected by copyright and may be used only for personal non-commercial purposes. All other rights are reserved and commercial use is prohibited. To make any use of this material you must first obtain the permission of the owner of the copyright. For more information, contact the editor at 1-855-688-6557.

IN THE CITY

SUNDAY, OCTOBER 27 — 1:51 P.M.

Pumpkin fun



Shawn MacDougall (left) and her daughter Amy play a pumpkin game at a family-friendly Halloween event held at the RCMP Heritage Centre in Regina. QC PHOTO BY MICHAEL BELL

YOUR FAVOURITE PLACE

QC wants to hear about your favourite place in Regina! Email: QC@leaderpost.com

* SANDRA KAS

Cemeteries offer tranquillity, lessons in history

By Andrew Matto

Sandra Kas believes in ghosts, but that's not why she loves cemeteries. Since she was a kid, she was attracted to graveyards because they offered open space for a hide-out. Today she likes to spend time among the tombstones and make up her own stories from all the names and dates.

Her favourite place in Regina is an area of Regina Memorial Gardens on east Regina. It's where the cemetery occupies her busy life by looking in the quiet on a park bench, which marks the gravesites of the Stephens and Denney families — Dave and Denney — who died of cancer in 2006.

QC: Do only do you like cemeteries as much?

A: I think they are extremely peaceful and extremely beautiful. There is a lot of history in cemeteries. By walking through them and looking at the headstones, I can almost have a vision of what happened to these people.

QC: What did your fascination with cemeteries begin?

A: When I was about 12, I saw this big park. So I rode my bike across the street and that's when I realized it was a cemetery. So I spent lots of time there and sometimes carried my friends to come with me. But I never told my parents. I would have been in trouble for riding my bike down the highway. I lived in east Regina and the cemetery was Regina Memorial Gardens.

QC: Cemetery might make some kids uncomfortable.

A: There was a sense that it was dangerous. It was like, "Oooh — we're going to the cemetery!"

QC: What attracts you to cemeteries as an adult?

A: There is a lot you can learn about a family just from the headstones. You can see the mother and father and other family members. In reality



Sandra Kas walks in the Regina Cemetery on Broad Street and 4th Avenue, which is one of her favourite cemeteries in Regina. QC photo by Travis DICK

old cemeteries, you can see the parents, sons and daughters and you can learn how old they were. You can get pictures in your mind of what they might be like or what they looked like.

QC: Do you visit cemeteries outside Regina?

A: When I travel, especially in Europe, I make a point of finding a cemetery and walking through it. And I take a ton of pictures.

QC: Do you prefer older cemeteries?

A: That's the sad thing about cemeteries now. The older cemeteries have big beautiful tombstones but some cemeteries have the ground-level ones in the lawn mowers can get around them easier.

QC: What normally prompts you to go to a cemetery?

A: Sometimes when life is insane and crazy and I just need to go somewhere I have my favourite bench and I sit there while everything falls back into perspective for me.

QC: Which cemetery is your favourite?

A: The Regina Cemetery on Broad Street is beautiful. But the one I go to the most often is Regina Memorial Gardens where Dave and Denney Stephens are buried.

When they passed away, the family decided to get a bench right at where they are buried. I go there a lot because it's comfortable there, because of the meaning of it and

because Dave and Denney were my friends. It's a beautiful spot.

QC: Have you ever had a bad cemetery experience?

A: Yes, in Stockholm, Sweden I was walking through a cemetery at 1 a.m. and a guy jumped out at me. But it was on a walking path. That I didn't realize was there. He was just walking through and I didn't see him. When I turned around, he was right there. We were standing face to face. I screamed but I think he was just as scared as I was. I didn't actually put myself in dangerous situations. But that was the only time I could go, and it was across the street from my hotel.

QC: Does he feel that it's Halloween?

A: I think he was just as scared as I was.

QC: As far as it being spooky, is that part of a cemetery's appeal for you?

A: I think so. I went through my Goth phase. But for now, I'm not there doing happy stories, that's far

more. I'm thinking that something dark and terrible happened.

QC: Do you believe in ghosts?
A: Why not? Anything is possible.

ON THE COVER

There's something beyond that we have yet to discover. — Miles Vanghel

SASK. GHOST-HUNTERS SOCIETY

Curiosity attracts Vanghel to paranormal

By Ashley Martin

Miles Vanghel will never forget Christmas Eve 1992.

It was the middle of the night and the 16-year-old couldn't sleep.

Lying in bed in the family's new home in Saskatoon's Exhibition area, he thought he saw his mother cross the hall into his second-floor bedroom.

"Mum, I don't feel good, I can't sleep," he said. The clock's tone, 12:00, is burned into his memory.

A chilling, "I'm not your mother" was the reply. Then the woman disappeared into thin air.

Tremendous, he said there a moment before a scream escaped his lips.

To this day Miles can't name what he saw. For him, the word ghost is too low; he doesn't like to use it. It's possible he missed the whole encounter. But the major part of him believes he was awake.

That night, combined with other inexplicable events in the house, set the course for his lifelong passion — paranormal investigating, or ghost hunting.

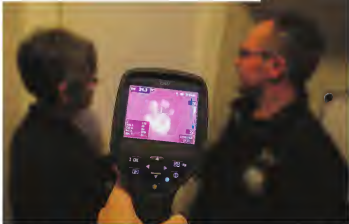
There were a few strange happenings in the house where the Vanghels finally — dad Fred, mom Jerry and their three sons — lived for a year after moving from Saskatoon.

From the time they moved in, they started an odd war about the house and the feeling that somebody was watching. Heavy footsteps would parade up and down the stairs and shadowy figures would catch the corner of the eye. Doorbells would click and turn on their own.

"Just the feeling of being watched, it was on a constant basis. At night you just checked corners because you felt uneasy for some reason," said Jerry.

"My parents' grounding really changed because they couldn't come up with explanations for it. And it really fascinated me completely from that point forward," added Miles.

Though today he knows there are



Paranormal activity investigators Miles Vanghel and his mother Jerry test out their thermal imaging device, purchased in Seattle, U.S.

explanations for all these things, just as his rational parents knew then, the randomness of the events was odd.

"It was like someone was starting to thrive in their two minds when it was the middle of a conversation. It was bizarre," said Miles, who in 2008 co-founded the Sask. Ghost Hunters Society (SGHS) with his mother.

Always a fan of ghost stories, Miles became more interested in the scientific side of purported hauntings. He started checking out science books from the library, reading about electromagnetic fields (EMFs) and as a teenager started conducting areas rigorous, but his friends' basic equipment he had on hand — tape

recorder and a 30 min. camera.

"I started debunking these cases; they're very unusual at the time."

His mother supported his interest and showed it the encouragement her children to keep an open mind and would often escort or chauffeur her eldest son to investigations.

Three decades after that magical encounter, Miles is just as passionate about finding answers to the mystery on about those things that go bump in the night (and day).

But he's in no showboater. Miles doesn't throw out the word, "haunted" as a cry for attention. Hokey con-manistic practices have no room

in his investigations — he once fired a SGHS ghost-hunter for using a pendulum.

The group now with seven members, rejects psychics, preferring to stay based in technology so it can provide more evidence than someone's word.

"We had lots of people claim they're sensitive or psychics and they've got a lot more of less than five or 30 per cent, which leaves it to guessing territory. Anything could be spirits at a house and go, 'There could be spirits there,' and in fact there's nothing."

But a high EMF reading is not an automatically indicator of a haunting

There are rational explanations for most things.

Miles is an open-minded, skeptic in three decades and hundreds of investigations, the trademark — where they go in doing home investigations — has encountered few things he can't explain. What sounds like a voice might be a gurgling in pipes or a flawed forced air system. A door that opens on its own is more often just due to humidity with the change of seasons or a house settling.

"Sometimes older houses make noises and they can actually feel the air. Doors can feel the eye and senses, especially in older houses with humidity changes."

They continue to believe even after we go. We can show them every piece of evidence explaining why there's no possibility of a haunting at the location and they still refuse to believe it. — Miles Vangelhel

EMP fluctuations can occur with substantial warning; strong enough EMFs can cause babies to refuse. Likewise, an car carbon monoxide poisoning due to a cracked furnace flue.

"Once I start explaining a lot more of what we do, it usually bores," he said laughing. "It's as truly very fascinating for me and for my team."

Outside of observation, tools of the trade help detect like reports of hauntings.

But then there are those occasions that are not so easily explained.

In his estimation, the team has never heard a ghost.

"Some of my teammates try to tell me... I can never completely agree. In my mind I always have a lot of doubt and more questions, as soon as we run across something. What could it be?"

"I look for proof, but I'm never quite satisfied with every piece of evidence. I'm always looking for a logical explanation after because there's gotta be something. Even though we may find it beyond the normal, the paranormal doesn't mean there couldn't be a logical explanation in science."

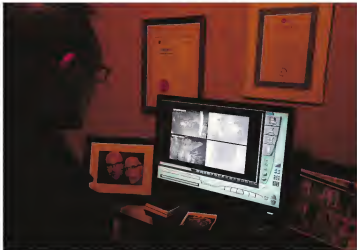
Jonny agrees.

"Things happen that you can't explain and that's what keeps you intrigued, because you're trying to explain what's happened and you have nothing to say it wasn't paranormal, especially when you're tackled down all the walls. But if it could be, it just as agree you to keep going because there may be something out there that's doing this," he said.

For each investigation the team uses multiple night vision video, infrared audio recordings with 360-degree microphones, point-and-shoot cameras and three kinds of EMF detectors.

Their "tag" the recordings, announcing their name and the time they're entering an area. That way if something suspicious appears on audio or video, they can rule out whether it was one of them.

Investigations usually happen in teams of at least two people



Miles Vangelhel shows footage from a paranormal investigation at the Museum Development Museum on his computer. (C) photo by MICHAEL J. JONES

Though his mind is rooted in logic, Miles has encountered a few things he can't explain which he leaves in the category of "unknown."

They all occurred during a year-long investigation at the previous year's Western Development Museum (WDM) location. The museum approached SGIH

and took about the investigation. They are Not Alone was published last year.

Jason Olsen, WDM director of marketing, proposed the paranormal investigation project. Employees have said they've seen and heard mysterious things there. She thought it would be an

interesting way to tell the history of the place.

"I believe that there's a light and a dark side to history. This is one way of getting the stories of the residents and residents out to the public," said Olsen, who at headed 30 of the M anniversary books.

In North Hartford, the museum consists of a heritage town with outdoor things like the "haunt": Horror House. Miles' friends are.

With the vestibule and outside doors firmly closed, the crew set up its electronic voice phenomena (EVP) session. Then the doors opened and closed on their own. Captured on their own

MILES VANGHEL'S FAVORITE SCARY MOVIE:

The Shining, which he first saw at age eight.

"When it was more the history of the house that fascinated me, more. It's a horror story set in Stephen King wrote it based on the stories of the Stanley Hotel... in Estes Park, Colo.

"It was so frightening. I was so into the whole belief system of the ghosts of this old hotel that still walk around and fascinated me from the time I was a child and it always kind of stuck with me."

HE FAVORITE GHOST STORY:

The Amityville Horror, which he read in 1984. "It was always a phenomenon, everybody knew about it and people were talking about it and I read the book cover to cover... it's probably one of the best books of all time."

HIS THOUGHTS ON HALLOWEEN:

"I'm a huge fan of Halloween. Do I think there's a blessing of the veil... between the land of the living and the land of the dead at Halloween? No, I don't. I've done Halloween costumes, I've done a lot of different things, any other day of the year. It's just fun. I like Halloween costumes, I like giving out candy. Like setting up displays. It's enjoyable."

"It sounded like an old man's voice, saying my name, which is very, very bizarre. Very breathy right into the recorder and none of us were even up on that level anymore. — Miles Vanghel



Paranormal investigator Miles Vanghel with an EMF reader in his studio.
QC PHOTO BY MICHELLE BILLO

TOOLS OF THE TRADE

- The trifield meter measures the natural magnetic field of the earth. It's the most accurate, said Miles. Everything has an EMF that hovers about 0.4 to 0.5 milligauss. It comes in handy during investigations, when in an open area, "all of a sudden you have activity occur and you hear what sounds like footsteps or audible noise (behind) there shouldn't be anybody there. You get an electromagnetic field spike, a frequency spike, so all of a sudden it'll go up to 8 for no reason at all. And we've had circumstances where we've been able to follow that EMF reading and then it just disappears. It's quite possible there is a natural explanation... all of a sudden we have some strange noises and strange activity we can't explain. And now we're getting this strange spike on an EMF detector that we can't figure out."
- The K-II meter picks up low-level EMFs. With colored lights ranging from green (low) to red (high), it detects EMFs that fall outside of the man-made category. The theory is that ghosts move through electromagnetic fields so during EVP sessions, the K-II is used in conjunction with an audio recorder. In addition, it re-questions lights flicker for "yes."

"There is one time when the flicker (like rig) these question and answer sessions have validated a story or something that we read on the history of the location. What it is exactly I wish I could tell you. I'd love to tell you it was a ghost communicating but we don't know for sure."

■ The EMF field reader monitors natural and man-made EMFs. Point it to the back of a computer, with a power source humming, and the number on the digital screen spikes. The field reader is a good indicator of faulty wiring, like if electricity isn't properly grounded.

In the Kenosha Library, we actually had EMF readings you could read three feet above the floor.

"The EMF was so high in that particular location that people were starting to hallucinate. We said all feel it if you go into an electrical room with a high EMF, you can almost feel the hair stand up on the back of your neck. The feeling that you're being watched comes along with that, it's paranoia. It's quite natural and yet unusual, unsettling. If the EMF levels are that high it is not good for you. It can cause headaches, skin irritations, the feeling that you're being watched, paranoia."

Here we go A'SHOPPING!

Make short work of your holiday to-do list in Minot, ND. With everything under one roof, Dakota Square Mall is the natural place to start to make your holiday happy and bright!

Downtown offers the kinds of boutique and specialty shops you need for that oh-so-special person on your list. Not to mention a variety of spas, wineries and coffee houses to make your visit to Minot a gift for you as well!

Look no further than visitminot.org for all the information you need to plan and book your trip. You will find all of Minot's restaurant options there, as well as up-to-date hotel availability.

The North Pole has nothing on Minot. Plan your trip today and look forward to flexing off that wish list with cheer!

Minot
Dakota Square Mall

1.800.264.2626

visitminot.org



When I was out on the investigations, there were things that were uncovered that I saw and felt that I believe, personally, were a mystery or a spirit or something that's unexplainable. — Janet Olsen

Another time there, Miles requested that, if there was an entry it open the front door. He heard the doorknob click and the hinges creak as the door again opened on its own.

The aforementioned EVP tracks like this, in theory: A ghost talks through an audio device. The user is presumed in white noise. It comes through static. With at least 30 seconds between questions, in case of missing something, answers can come through a recording, or through a speaker if one is set up.

When they receive evidence, which is time-consuming—the average investigation is 10 hours long, which means 18 hours to review each device — “We’re not sure across rooms who who aren’t there.”

Once, with another male investigator, they heard a female voice in the noise, which sounded on playback like a tiny echoey voice.

EVP worked once in the Herrn House. As Miles was in the left and two fellow investigators were on the second floor, they heard banging coming from the main floor. A few days later, when they returned the night, there was a tragedy vase on the recording.

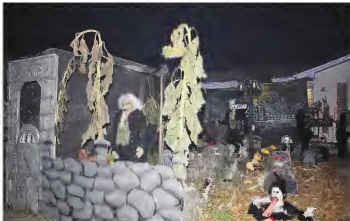
“It sounded like an old man’s voice saying my name, which is very funny. Very funny right into the recorder and none of us was even up to that level anymore.”

In another case WDMO investigation in Perdue, the team used trigger objects (in this case dials) to reach out to a small girl named Elizabeth who reportedly haunted the place his pre-vestibular memory. The building, Miles didn’t find a girl named Elizabeth. Through the dial didn’t come the team picked up EVP when he asked her, “Are you upset that they’re taking you Elizabeth? Do you have another sister?” After a pause, a little girl’s voice said, “Charlotte.”

“Fascinating stuff. Can’t figure it out,” he said.

The WDMO’s official stance is, “We certainly have experiences here that sound explainable, we don’t know what they are.” But on a personal level, Olsen is slightly more fearful about the things she experienced.

“You’re kind of shocked if you talk about it or if you believe in it, so there’s a sensitivity around that.”



Halloween-themed investigator Miles Kinchel visits Halloween through — the above shot was taken at his house in 2012, about 1100 hours.

she said. “When I was out on the investigations, there were things that were uncovered that I saw and felt that I believe, personally were a mystery or a spirit or something that’s unexplainable.”

But even if there are ghosts in the WDMO, it wouldn’t necessarily be a bad thing.

“I think that having spirits or entities in a museum or hotel or any where just adds a mystique to that location. Just another level of stories of ‘have you heard?’” she said.

The team has been busy as Halloween approaches. Throughout the year, they average eight events a month from people whose houses are purportedly haunted, that opens to 30 in the fall.

In some cases, it’s people wanting to be haunted. “You have some interesting, colorful, characters that come from time to time, some

very powerful ones. You find a lot of them are just looking for attention,” said Miles.

But many are people with legitimate claims, who just want help. When he accepts cases, he believes they’re telling their version of the truth.

The team doesn’t chase cases, they were brought to contact them. Their services are free — and actually cost them money as they pay for gas and hotels for out of town investigations, and do not about 200 hours of their own time to review evidence per investigation.

“We have to reach to be able to keep up our little side job, and that’s just for with me,” said Janet.

It’s difficult to balance a full-time job and family — Miles and wife Dorothy have a son, Xavier, 10 months and another child on the way — but he and his fellow team members are

passionate about their work. It comes down to a love for helping people.

“A lot of times we end up being psychologists. Usually clients want peace of mind, they want an answer to whatever’s happening,” said Janet.

Halloween’s readiness to investigation results run the gamut from relief to shock to denial.

“They continue to believe even if we say no. We can show them every piece of evidence explaining why there’s no possibility of a haunting at the location and they still refuse to believe it. They’re fun to deal with. They’re the ones believing believers,” said Miles.

In the case of a real haunting to which he would be reluctant to admit, they’d explain the situation in a level-headed way.

“These were people that lived, breathed, survived and died — just like me. Whatever circumstances

they had in life, they could have been a good person, they could have been greedy — think of it as that can sometimes move from this life to the next.”

But he’s not sure he believes in ghosts.

“I believe in something,” he says, though he doesn’t yet know what that is. “There’s something beyond that we have yet to discover.”

And that’s why people bring in to ghost stories. Miles believes: “It’s the truth, the skeletons for some people it’s that struggle with our own mortality and our uncertainty. ‘Is there more beyond this life?’ I think it’s the greatest question — why are we here? If we’re just here to live and die and nothing more, what is the point of the existence?”

“The place I want to think they do, they’re dead, there’s nothing more.” Continued on Page 19

I look for proof but I'm never quite satisfied with every piece of evidence. I'm always looking for a logical explanation after because there's gotta be something. — Miles



Miles Megard and his Sisk. Ghost Hunters Society turn up a variety of technology in their investigations. PHOTO BY SASKIE LEE 8886

GHOST STORY DEBUNKED

Miles Megard was curious so he took a drive up to St. Louis in 2008 to view the infamous "ghost train light." The story goes that near the village of St. Louis, about 30 kilometers south of Prince Albert, there is an abandoned railway line. The tracks are no longer there. A mysterious light appears at night, growing brighter and larger before disappearing again. It is supposedly the light of a ghost train as one story goes. Another story credits the light to the spirit of a railway locomotive who died.

The light draws many curious people. As Miles says, "It is gone from the point of being a ghost story to now it's a tourist attraction." He did some research and couldn't find any proof of a past train there and was curious about what might be causing the light, so he went to check it out for himself. He mapped out the area using GPS, calculated the altitude and elevation of the site and figured the light was coming from Diamond Road at the top of a hill.

He set up a 1-million candle-power spotlight at the top of the hill, at the bottom of which people

were gathered to see the ghost light.

Miles turned on the flood light and started messing with the angles, walking up a hill to the side of the road where there was a big reflective electrical box behind a fence. He heard the viewers' reactions of "whoa!" and coming and going from three kilometers away.

He radioed his tour guides, who were set up at the bottom of the hill, and confirmed that the reflection produced a big light.

"This is a great read that gets highlighted quite often by people that are looking for the St. Louis Ghost Train," Miles said. "Homes like drive up the road and see what happens when headlights hit this box. Same effect. Light reflection light reflected," said Miles.

"It is headlights hitting the reflective box, beaming down, light bouncing reflecting and reflecting off of trees, off of railroad posts. Light is an amazing thing. The longer you stare at something, the more it appears to move, but as they pulled away the light began to move, optical illusion."



Caraway Grill

RESTAURANT





EXPRESS LUNCH ENTRÉE
12.95 (dinner 15.95)
Signature ribs
Caraway Grill Special
3 or 4 Plates
(Mon.-Thurs. only)
\$9.99

DINNER FOR TWO SPECIAL

1 Free All Day
Beverage (Mon.-Thurs. only)
with the purchase of 2 meals
(Mon.-Thurs. only)

\$5.00 OFF
ORDERS OVER \$50.00



PUCK UP SPECIAL

\$5.00 OFF
ORDERS OVER \$50.00

1625 Broad Street
(306) 627-4243

OPEN 7 DAYS A WEEK

info@carawaygrill.ca
www.carawaygrill.ca



Complete Denture Services Available

- Free consultations
- One hour repair service
- Accepting all insurance plans
- Guaranteed professional service

Ask us about implant-supported dentures!!

BRIAN MOYNE - DENTURIST
Call today for an Appointment
1404 A. ALBERT STREET • 515-9333



CARPET CLEANING

- Bedrooms \$20
- Deep Cleaning
- 3 Truck Mounted Units

\$80.00

Living Room & Hall

Expires November 15th
Min. charge \$80.00

543-5913

SPECIAL

Gift Certificates Available

MERIT CARPET CLEANING

FROSTY'S ANNUAL CHRISTMAS TRADE SHOW AND CRAFT SALE

FRANKLIN CLUB
2415 CONNAUGHT ST.

Get all your Christmas shopping done in one place

Sunday Nov 9 11 AM - 4 PM

For more info email:
dbradeshow@sasktel.net




MUSIC

WE'RE ON TWITTER:
Tweet us at @QCRegina

THE TILTED KILTS

Halloween is a family tradition



The Tilted Kilt (from left) Murray Brown on double bass, Mark Schmidt on violin, Michael McLean on double bass, Rick McLean on drums, Margorie McLean on guitar and in front, Josh McCallum on guitar. (Photo by David Reid)

By Ashley Martin

When Margorie McLean met her future husband Rick McLean, her Halloween tradition changed.

"I never really did much for Halloween until I met him, and then it was his big thing. He likes to decorate for it and I like the candy," she says.

Last year they began another tradition. In April they started a Celtic rock band and had their first gig on Nov. 10, one of the most debauched nights of the year. "This year is round two."

"The beauty of Halloween is or-

everyone just leaves their inhibitions at home. Anything goes. I love it," says Rick.

They played their first show at an outdoor garden in front of a crowded Bushwacker. Two weeks ago, they'd get to decide on their costumes for this year's following.

"We could go on monkeys or anything, who knows?" says Margorie.

"The band started as an at-home jam session, just the two of them. But bigger is better."

"If you're going to go all the way, then go all the way. Don't just costume yourself. It's a Celtic house act," says Margorie.

Growing up in the Appleton, Rick started playing in bands at age 13. After a few rock bands, he grew to love Celtic music thanks to his stepdad who is Scottish, and spent 10 years as part of a Celtic band, Crofter's Revenge.

Since Crofter's disbanded a few years ago, Rick says there has been a fall in the Regina Celtic scene, despite it being a good niche market, between Melissa's Scottish and Irish pavilion at Patrick's Day and Rob and Berna's Day.

"It has its time and its place and that was missing. There was nowhere band Squares of Scotland, I think

they're still going, but they can't play everywhere all the time," he says.

With Rick (guitar), Margorie (vocals), Todd McCulloch (bass), Malinda McLeod (bells), Brian Murray (banjo) (bells) and Mark Schmidt (bass), the band is honing a versatile sound that's never boring and appeals to everyone.

"We have a band like Gensl Big Sea that does songs from the 1960s but they also write their own songs every now and then. They rework the old songs (their own way) and do some a little bit differently."

"It's a don't get bored of it. It's not the same four chords over and over

and over" adds Margorie. Plus if you change it up, it doesn't sound as traditional.

"You can really rock it up, and you don't have to worry about being true to the original artist."

The couple works well together. As Margorie says, "It's much better being married in the band than being married to the band."

"Being a part of the band has been awesome," she says. "We can support each other now and that's huge. I think we both grow from that."

Catch The Tilted Kilt at Regens at Bushwacker on Oct. 31, and during The Grey Cup Festival in November.

READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

SARAH NELSON

I Can See You a 'safe scare'

Since I was a kid, I have had creepy, ghostly experiences that I can't explain. This is maybe why I enjoy writing about it so much—the thrill of the unknown.

The classic "who, what, why, when, where and how" questions about what could happen when we die offer so many different possibilities for someone that it's fun to explore and let my imagination take me on a ride, and sometimes I even scare myself.

I've been writing about things that go bump in the night since Grade 7, but until recently I haven't felt confident enough to let others read my thing, because my husband and a very good friend.

Discovering the world of ebooks, I finally thought, "I'm just going to



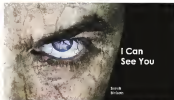
Sarah Nelson

put myself out there and hope for the best." You never guess anything on how you try, right?

I've had positive feedback since I Can See You went on the Kobo Books website in mid-September and I'm very thankful to everyone who has taken a chance on me. One friend said that she can't read it at night anymore because it's creeping her out, a wonderful compliment.

My story is about a woman named Renee who kills her abusive boy friend, Rob, but after an accident, and brief coma, he is now finally able to identify her in ways she never thought possible. An unseen world opens up to Renee that confuses and scares her as she desperately tries to rid herself of Rob once and for all.

I like to write about the scariest side because it's fun to have a "safe" scare. You can put the book down



Book cover for I Can See You

and take comfort in knowing that there isn't a vampire, but spend with blood eyes stalking you, or see a ship sinking in a concrete parking lot and people jumping to their deaths with a screaming third.

I Can See You is available online

at www.kobobooks.com as an ebook for \$2. Don't worry you don't need an actual Kobo e-reader to read it. They have free downloads you can use on any device.

I can also be found on Facebook and Twitter @Sarah_Nelson_3

PICK.PLAY.WIN.



Register today for your chance to win over

\$5,000 in prizes

Grand Prize is a \$2,000 travel voucher

Select your players weekly—earn points—and WIN!

It's easy and fun to play—and most importantly it's FREE!

www.leaderpost.com/icewars

As Time Goes By

A Love Story with Music and Ghosts

Written and Directed by Edward Wilton
Music Director: Sam DeGroat

Featuring popular artists of the 30s and 40s

November 7-10, 2013

Shumatcher Theatre, Mackenzie Art Gallery
7:30 p.m. Thurs., Fri., Sat., 2 p.m. Sat. & Sun.

REGINA LYRIC MUSICAL THEATRE

www.reginalyric.com

Featuring:
Renee Berg
Dale Cox
Eda Mousant
Alicia Samson
Rae Rabin
Jordan Belmore
Brett Wagner
Gusset Wards

Tickets:
\$25 Adults
\$15 Students
Available at:
Book & Beyond
booksbeyond.ca
reginalyric.com
paytobuy.ca/tickets

EVENTS

MUSIC

Wednesday, Oct. 30

Wednesday Night Public Watercolor
 Bookender
 2206 Dewdney Ave.

June Night
 Every Wednesday
 McNelly's, 2226 Dewdney Ave.

McClays, Adams & Baldwin
 The Exchange, 2421 Eighth Ave.

Thursday, Oct. 31

Headband's Calling for a Cruise Randomizer
 McNelly's, 2226 Dewdney Ave.

Good for Grapes, Laska
 The Club at The Exchange,
 2421 Eighth Ave.

The Titled Killa
 Bookender
 2206 Dewdney Ave.

Peter Dinklagean Tribute by The Night Train Trio
 B.P. in, LE Bldg., Centre for the Performing Arts, 3600 Hilda St.

Hallow Pump, 3 Beats & a Hat
 Cytone Hallow Pump
 5 p.m., Anthol Odeurs, 1631 13th Ave.

Craig McNeil
 The Pump, 641 Victoria Ave E.

Friday, Nov. 1

Slow Motion Walker
 McNelly's, 2226 Dewdney Ave.

David Gutz
 The Club at The Exchange,
 2421 Eighth Ave.

Big Chill Friday
 The Lancaster, 4529 Gordon Rd.

Year Town Throwdown Tour
 Featuring Chad Brownlee, Deric Watson and Jason Blaine
 Centre Regins (New Lounge)



The Deep Dark Woods re-opens at The Exchange on Nov. 5, 6 p.m.

1980 Saskatchewan Dr. Craig Morris
 The Pump, 641 Victoria Ave E.

Garner & Smith, Nick Fynn
 creations, 1947 Scarth St.
Feast of the Zombie Cabaret
 Featuring 2 Beats and a Hat,
 Tribal Alien Beings, Gopal Stone
 The Exchange, 2421 Eighth Ave.

Saturday, Nov. 2

Senkou Stageshop Halloween Bash
 6 p.m., Cathedral neighbourhood
 Show Centre, 2500 10th Ave.

Slow Motion Walker
 McNelly's, 2226 Dewdney Ave.

Charlie Chaplin Movie: The Gold Rush
 Regins, Symphony Orchestra
 8 p.m., Canadian Arts Centre
 205 Lakeshore Dr.

Craig Morris
 The Pump, 641 Victoria Ave E.

The Jump Off, Black Thunders, The Man and His Machine

The Club at The Exchange,
 2421 Eighth Ave.

Monday, Nov. 4

Manly Reginald Reel
 Featuring Charlie Major,
 Bobby Wills, Wendell Ferguson,
 Alex Morton and more
 7 p.m., Canadian Arts Centre
 205 Lakeshore Dr.

Monday Night Jazz & Blues
 Youed redlight
 Bookender
 2206 Dewdney Ave.

Craig Kackhoff
 With a lot of Wind and Jazz
 ensembles, 7:30 p.m., Rediff
 Centre University Theatre

Tuesday, Nov. 5

Jim night
 Every Tuesday, 8 p.m.
 Reveals, 2537 Park St.

Kira Mode, Full of Hell
 creations, 1947 Scarth St.

The Deep Dark Woods, The Garner Brothers
 The Exchange, 2421 8th Ave.

July Talk
 The Club at The Exchange,
 2421 Eighth Ave.

ART

Black Museum: Stories from the RCMP Crime Collections
 Inspired by Scotland's youth
 notorious Black Museum of
 British Crime, explore the me-
 moirs and chilling places from
 the RCMP historical collec-
 tions including evidence from
 some of the most infamous
 cases in Canadian crime.

Until Oct. 31, RCMP Heritage
 Centre, 5907 Dewdney Ave.

**To The Gardens: Victor Gi-
 ccardi**
 Sculptures give longevity to
 fruits and vegetables, reflect-
 ing in aesthetics and exulting
 into wacky tables and benches.

Until Nov. 15,
 State Fine Art Gallery, 3078
 Halifax St.

**Andrea Salgado: The Ap-
 prentice**
 Salgado's paintings explore
 masculinity and identity
 through assertive, gestural,

and usually large-scale typic-
 alive images, falling between
 realism and abstraction.
 Until Nov. 22, Art Gallery of
 Regina, 2420 Saskatchewan St.

**U of R Masters of Fine Arts
 Graduating Exhibition**
 Until Nov. 23, MacKenzie Art
 Gallery, 3475 Albert St.

**Graduate: The June Tour
 of Canadian Art**
 Until Nov. 26, MacKenzie Art
 Gallery, 3475 Albert St.

**Drawing Our Communities
 Together**
 Until Jan. 5, MacKenzie Art
 Gallery, 3475 Albert St.

**1: The Professional Native
 Indian Artists Inc.**
 Until Jan. 13, MacKenzie Art
 Gallery, 3475 Albert St.

**Clint Newfield: The Cham-
 peler, the Tern-Are, the
 Peacock, the Greyhound and
 My Grandfather's Chair**
 Cabinet

This exhibition is comprised
 of five tapestries of intricately
 cut beak vinyl depicting five
 subjects, which together tell a
 story of a boy named man.
 Until Jan. 13, Dunlop Art
 Gallery, 898, Shawwood Village
 Road, 6121 Redcliffe Blvd.

**The Artists of Scott Nichol-
 son Fine Arts**
 New exhibitions quarterly.
 Until July 31, 2014, Regins
 Centre Crossing, 1020 Albert St.

Avril's Art Gallery
 2288 Smith St. Open Tues-
 day to Friday 10 a.m.-5:30 p.m.,
 Saturday 10 a.m.-5 p.m.

Naum Gabo
 2146 Albert St. Open Tues-
 day to Saturday 10 a.m.-5 p.m.

COMEDY

Hitchhiker's Improv
 Nov. 2, 7 p.m. Crested City
 Centre, 1943 Dewdney St.

Comedy On!
 Every Saturday night
 Gabo's, 2238 Dewdney Ave.

THEATRE

Revel
 Health Theatre
 Oct. 30-Nov. 2, 8 p.m.
 New Space Operations, House of
 David, 2207 Murray St.

Black Story
 U of R Theatre department
 Oct. 31-Nov. 2, 7:30 p.m.
 Board Centre University
 Theatre

TheatreOne 2013
 Regins, 1020 Albert St.
 Oct. 31-Nov. 3
 Regins Performing Arts Cen-
 tre, 1077 Angus St.

Tackled... A Football Play
 Nov. 7
 Weekly shows until Dec. 21
 Applause Dinner Theatre, 1975
 Broad St., lower level

**The 50 Ways One Too Much
 Information**
 Part five of the HOSPITALITY:
 HOSPITALITY project
 Presented by Corbin Regins
 Nov. 7, 9 p.m.
 Dunlop Art Gallery, Central
 Location, 2301 12th Ave.

**Upstate Theatre and Mar-
 tinez Theatre Presents of a
 Sinking Seal**
 Summer's enderline Series
 Until Nov. 2
 Sable Theatre, 1831 Scarth St.

SPECIAL EVENTS

Regins Pats vs. Moose Jaw
 Oct. 30, 7 p.m.
 Board Centre, 1020 Albert St.

CWL Under/Over Show
 Nov. 1-2
 Holy Trinity D.C. Church, 5020
 Shawwood Dr.

**Campan College Alumni of
 Dickinson Awards**
 Nov. 1, 6-10 p.m.
 Hotel Saskatchewan, 2125
 Victoria Ave.

What you need to know to plan your week. Send events to QC@leaderpost.com

The Shook House Haunted Mansion and Cleave House
Oct. 30 and 31, 7-11 p.m.
4520 Albert St. S. (old Canadian Tire Building, same building as Halloween Alley)

Women's basketball
U of W vs. UBC
Nov. 1, 6:30 p.m.
U of W Centre for Kinesiology, Health and Sport

Men's basketball
U of W vs. UBC
Nov. 1, 8:15 p.m.
U of W Centre for Kinesiology, Health and Sport

French Social Club
Nov. 2, 10-11:30 a.m.
U of W Student Centre (look for Institut Français banner)

Early Christmas Wish Trade Show and Craft Sale
Nov. 2, 11 a.m.-7 p.m.
Compass Arts Centre, 200 Lakeshore Dr.

Victorian Tea
Hosted by the government House Historical Society
Nov. 2 and 3, 1 and 2:30 p.m. sittings, call 761-3363
Government House, 4507 Broadway Ave.

Saskatchewan Roughriders vs. Edmonton Eskimos
Saturday, Nov. 2, 2 p.m.
Mosaic Stadium

Women's basketball
U of W vs. Victoria
Nov. 2, 5 p.m. U of W Centre for Kinesiology, Health and Sport

Men's basketball
U of W vs. Victoria
Nov. 2, 7 p.m. U of W Centre for Kinesiology, Health and Sport

Le petit desirage French Film
Nov. 2, 7 p.m.
Cineplex Horizons, 1440 9th Ave. N.

Jingle Bell Walk & Run for Arthritis



This year's Shook House takes place Oct. 30 and 31 in the old South-Albert Street Canadian Tire building. **REUTERS**

Nov. 3, 10 a.m.
Compass Arts Centre

HolyMaid Knower and Kala Kala
Nov. 3, 10 a.m.-3 p.m.
2636 7th Ave. S.

Sparkling Banquet
Cello opera's Cernide Foundation

Nov. 3, noon-3 p.m.
Compass Arts Centre, 200 Lakeshore Dr.

The Grand Event Benefit Fashion Show
Nov. 3, 7 p.m.
The Artscape, 2627 10th Ave.

Regina Pats vs. Moose Jaw
Nov. 3, 8 p.m.
Blindfold Centre, Royal Plaza

Wild Sage Press Book Launch
Dorothy McMeikle with Kam-pout and Budge (written by Bruce Mac and illustrated by Wendy Winter) and Colledge and Fumylin (written by Fannie Kahn and illustrated by Sharon Kahani)
Nov. 3, 2 p.m. Crosswaght Library, 3433 10th Ave.

La haine French film
Nov. 3, 7 p.m.
Institut Francais, U of W

Prozac Club of Regina
Meeting for retired men and women
Nov. 4, 9:30-11:30 a.m.
North Mallway Centre, 2430 Elphinstone St.

"Canadian" Burying One's Dog, Dying, Etc.: Why are they declining and what can be done?
Presented by Geoff Halroyd (retired from Environment Canada) hosted by Noreen Regina Public Education
Nov. 4, 7:30 p.m. Royal Saskatchewan Museum, 2445 Albert St.

Prozac's social event, \$5 meal

Nov. 5-7 5 p.m.
Cineplex Horizons, 1440 9th Ave. N.

Seasidebank Oiler Light Book
Hosted by Jayden Pfeiffer, featuring a reading by Gail Bowen
Nov. 5, 7:30 p.m.
The Artscape, 2627 10th Ave.

NEW MOVIES

Dallas Buyers Club
Drama
When Texas cowboy Ron Woodroof (Matthew McConaughey) is diagnosed with HIV, he is persecuted by

social stig and given 30 days to live. Refusing to accept this death sentence, Woodroof taps into the world of underground pharmaceuticals and becomes a champion of an unopposed alternative treatment that is both addictive and life extending. Woodroof struggles with the FDA as he helps spread awareness of the government's misinformation.

India's Guru
Action
Humans on Earth have barely survived attacks from an alien species. To prepare for future invasions, gifted children are sent to an advanced military base for training. Based on the novel by Orson Scott Card

Last Vegas
Comedy
Four best friends (Michael Douglas, Robert De Niro, Morgan Freeman, Kevin Kline) decide to escape retirement and throw the ultimate Las Vegas bachelor party for the last single member of their group

Free Birds
Comedy/Animated
Two turkeys travel back in time to the first Thanksgiving with an important post to take turkeys off the menu for all time.

Galley Games
400 McCarthy Blvd. N.
306-102-1018

Chapelin Odette
Seahilland Mall Cinema
3625 Gordon Rd. 395-585-3383

Regina Public Library Theatre
231 10th Ave. 366-777-6104

Kismet Movies
2003 Powerhouse On
395-4529

Reflex Cinema
Golden Mile Shopping Centre
3850 Albert St. 369-309-3250

THE LEADER-POST proudly presents...

The Baby Block!

The Babies of 2013!

A Leader-Post annual tradition featuring Photos Plus during the post year-end (to be published on Tuesday, December 10, 2013). This feature will also be posted online at LeaderPost.com for all your family and friends to enjoy.

Like this when you're to be a favorite of our readers and a great keepsake. You can be one of the proud parents or grandparents to list under the named member of your family.

Complete the attached form, include a clear picture of your baby and preparation of your announcement for

BABIES OF 2013

also Leader-Post Classifieds
1944 Park St., Regina, SK, S4P 3G1.

Email a jpeg photo and your mailing to: whit@postmedia.com.

Please include your daytime and evening phone number so we can contact you for credit and payment. Or visit us in person at our classified advertising counter Mon-Fri, 8:30 - 4:30.

For further information please contact us at 791-3666.

Framed Announcement: \$11.00 each
Laminations: \$3.85 each
**All prices include applicable taxes.



James Swift Jr.
January 5, 2013
1 Day, 10:30 AM

Photo courtesy: Bob and Mary Swift

SINGLE SPOT
Early Bird Price
~~\$37.00~~
After Early Bird
~~\$42.00~~

EARLYBIRD DEADLINE:
Monday
November 18, 2013
Final Deadline
Thursday
November 21, 2013

DOUBLE SPOT
Early Bird Price
~~\$49.35~~
After Early Bird
~~\$54.80~~



Photo courtesy: Tracy Johnson

TRACY JOHNSON

Born
December 22, 2011
7 lbs 3 oz.
19" long

Photo courtesy are
Dale and Karen Johnson



Emily Zimber
Born
January 2, 2013
7 lbs 3 oz, 21" long

Photo courtesy are
Michael & Heather Zimber
Photo grandparents are
Karlene & Kim Smith and
Fred & Abby White



FRONT PAGE SPOT
~~\$105.00~~
Limited Space

INSIDE FULL-COLOR SPOT
Early Bird Price
~~\$87.05~~
After Early Bird
~~\$92.80~~

Photo Booking Deadline: Thursday, December 5, 2013

PLEASE PRINT CLEARLY! - Please do not include any photos larger than 3x5" if you would like us to use your photo book, please print name and address on back.

Daytime Phone _____ Home Phone _____
Customer Name _____
Address _____ City _____ Postal Code _____
Email address _____

Select from the following options (only 12 front page announcements available):

Front Page _____ Inside Full Color _____
Double Spot _____ Single Spot _____
Framed Announcement _____ Lamination: Blue _____ Pink _____
(please specify how many!)

BABIES NAME (AS IT WILL APPEAR IN PRINT):

Date of Birth _____ Weight _____ Length _____
Click one for your choice of phrasing:
Proud Parents are _____ Son of _____ Daughter of _____
First and Last Name of Parents _____

Or specify alternate wording: "Grandson of Bill and Jean Smith"

If you choose the Front Page, Inside Full Color or Double Spot option, please include any additional write up about your baby that you would like included in the announcement.

Minimum words for Front Page: Inside Full Color: Double Spot: 12 words
Single Spot: 10 words
Required photo courtesy info by info sent by photo on the same page is appreciated.

Payment Method: Visa _____ MC _____ Amex _____ Cheque _____
Credit Card Number _____
Expiry Date (Mo/Yr) _____
TOTAL AMOUNT PAID: _____

FASHION

Do you have fashion advice to share with our readers?
Email us at QC@leaderpost.com

HALLOWEEN FASHION

Cosplay offers fun, confidence and charity

By Angelina Irtines

Kristin and six-year-old Ethan Spence can often be found in costume. Kristin has 24 costumes (2 was a 1950s-style fencer, Sebastian The comic and their children engage in cosplay. Short for costume) play displays a performance art in which people dress up as characters, specifically from films, TV shows or comics. Kristin and Sebastian often hand make their costumes, or buy various pieces from Value Village and garage sales to put them together. Kristin's favourites are a Cossack's Cain ball girl, a Harley Quinn she made herself and a Hello Kitty mascot costume. But the female joker is the most difficult costume, and very special to her. She was wearing it on stage in front of hundreds of people when her fiance proposed to her in June. They were in Calgary for the Calgary Comic and Entertainment Expo and Sebastian convinced her to compete in the expo's costume contest.

"I have a lot of public anxiety so I don't like doing that kind of thing but he made me do it. I didn't want to. And we had a small kid to do but he proposed on stage in front of hundreds of people, she really, I have everything together went back around me."

She hasn't worn the Joker costume since that day and says it feels nostalgic to put it back on. They often go together as a family and dress up in the most family costumes for the expo. But it's more than just fun — Kristin says that being in costume helps with her anxiety.

"It's (about) finally getting out there and getting past the first two people. I'm not me. I'm someone else. No one knows who I am," she says. "It helps." The Joker costume took about a year to put together to find all of the right pieces. The mask alone, which is done with coloured eyeliner and eyeshadow, takes about 45 minutes to put on.

"It all started off with the white vest, because it looks so comic and you don't see it anywhere and I said, 'OK I'll be a female Joker then.' Kristin costume."

The hardest part was finding the purple jacket but she eventually found one at Value Village. Aside from the bright green wig and heels, the entire costume is from Value Village.

Sebastian made the cape, belt and shirt detail for Ethan's Batman-Aquaman-Robin costume. The rest of it is also from Value Village. Although the Robin costume is his favourite, Ethan plans on being a werewolf for Halloween. Kristin is going to be a Christmas cat.

Outfit: KRISTIN

- 1. WIG: eBay
- 2. PURPLE JACKET: Value Village. "The hardest part to find was the jacket. No one makes purple jackets for (joker) season."
- 3. FLOWERS: Value Village
- 4. CANE: Handmade by Sebastian
- 5. SHIRT: Made by Sebastian. "It's good with a sewing machine."

ETHAN

- 1. MASK: His favourite part of the costume. "I have a silicone mask from a Harley (costume), but he doesn't like wearing them so I have to draw on his mask."
- 2. SHIRT: Value Village
- 3. TIE: Handmade by Sebastian
- 4. CAPES: Hand made by Sebastian. "Sebastian had extra material to put the cape and head onto the shirt."
- 5. BELT: Hand made by Sebastian. "It's one of Kristin's old belts. He put a foam core on top and added craft foam for the little pouches."
- 6. PANTS: Value Village



Kristin and her six-year-old son Ethan Spence are dressed as the Joker and Robin.
QC PHOTO BY MICHELLE BRIDG

INVENTORY

We want to hear from you: Tell us about your local business.
Email QC@leaderpost.com.

THE BROOM CLOSET WITCHCRAFT SUPPLY SHOP

Donna Kruger opened her witchcraft supply store in February which means this is the first Halloween she's celebrating as shop owner. She took the holiday not for the candy but because Halloween is the witch's new year, a time when the veil thins between the worlds of the living and dead. She also loves decorating. The Broom Closet is decorated with bats, cobwebs and other spooky things, which she might leave up after Oct. 31 because they fit in so well. Whether you need kitchen supplies or Halloween touch-ups, Kruger has you covered.

Open Tuesday through Saturday at 401 Denison Ave. E.

QC PHOTOS BY DON HEALY

1. DO YOU SEE WHAT I MEAN? Large crystal ball, used for tarot, focusing and divination \$200

2. NOT JUST A GAME: Vibrational Energy Oracle Cards by Winwood designer Debbie Anderson. For divination: \$40. 10-year Witch fortune-telling playing cards: \$8.75

3. LIGHT MY FIRE: Various candles range in price: \$5-\$19

4. BEWITCHING BOOKS: Bennett Encyclopedia of 5,000 Spells by Julia Lee, soft cover \$40

5. SHOW ME THE MONEY: Money spell kit, \$30. Other variants include love, reanimate, healing and success

6. MORE THAN DECOR: Large woven figurine. Ravens bring change in consciousness, self-knowledge and introspection. \$12.



Where great homes **GET NOTICED**



Considering selling your home?
Regina Real Estate Review can help!

Consider it Sold!



ReginaRealEstateReview.com



Falafel Sandwich Special
\$3.99

Expires Nov 13, 2013

Daily Special
\$9.99



Open Monday - Saturday
from 11:00 - 9:00
Located Downtown Regina
1822 Broad Street
306-545-6888
www.reginabababhouse.ca

OUTSIDE THE LINES

Colouring contest

Each week, artist Stephanie Morley creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to cp@leaderpost.com by 4 p.m. Monday.

One winner will be chosen each week. Please send high-resolution pictures and include the child's name and contact information.



Got any brains?



Last week's QC colouring contest winner was **Ariana Cavilla**. Congratulations! Thanks to all for your colourful submissions. Try again this week!



Win an iPhone 5s, iPad Mini or other great prizes!

49 days, 49 prizes. Details in store.

Ricky's
RESTAURANT & BAR

777 Albert Street • 306.775.3000
regina.gotorickys.com



ASK ELLIE

Man needs a clean break from ex-wife

Q: I've been separated from my wife for 18 months. We talk and see each other weekly, sometimes just a quick coffee, and sometimes over night.

I feel every time we start to get close she runs and it'll be a couple days until she contacts me. When I get frustrated and say we're doing so good, forth an effort and once I get pulled back in, she wants her space again.

Lately, things have been going great and suddenly I get told, "this isn't working, I need time apart." Fear drops. Inevitably, she's asking how I'm doing and wants to get together.

Then, when I ask to work on things she says "I don't know how I feel, I don't know if I'm there yet."

In the last few days, I found out she has dates or is going on dates, but yet she tells me she loves me. It's been a real joy to experience.

What am I to do?

Man on a String

A: Yes you are being jerked around emotionally.

Ask Ellie



It's because she's up and down herself. For whatever reason, she's wanting to be on her own (she is, technically also means you, wants freedom and wanting to keep you on full back if "she" doesn't work out.

Call a full break. Separated doesn't mean "on call." Start thinking about how you'll proceed if you stay apart. The talking about legalities, not whether you do.

The serious consideration: If there are children, how will you share custody? Where will you each live if you stay apart? How will this be financed?

Once you take your mind past the

dreams of an in/out relationship, she won't be able to tug a string to have you come running to her side.

If after six months of a complete break — contact only when necessary and mostly not in person — you both are still serious of being apart, then get counselling and make sure she's not just hanging on again until someone else comes along.

Q: I cheated on my husband two years into the marriage when I had a new baby and he was never home.

It was a one-time sexual encounter with a neighbour who happily moved every room after I had never thought I'd cheat, but I was very lonely in the marriage.

I didn't confess, I stayed in the marriage for years, and worked in me getting out of the house getting a job, advancing. And, trying to be a good wife as well as mother.

But my husband was selfish, worked non-stop, he never came home. After I divorced, I fell in love

and never cheated on my current husband. I love him and wouldn't ever risk what we have.

Took the Risk

A: As with any big risk, you were lucky that it didn't explode in your face by getting caught. Or, you might've been divorced a lot sooner, under a shadow of guilt and betrayal.

However, you now tried hard to make the marriage work, and eventually knew for sure that it didn't and not because you were constantly attached elsewhere, or were running away.

For your child's sake as well as your own, it's a lot healthier to know you gave it a chance.

Cheating is often used as an excuse, or to comfort oneself just how unhappy an existing relationship is.

But what's needed most is a rational look at what is needed to help the couple improve their connection. And then, either change or move a decision.

Q: I stayed 12 years with my ex-husband, though I was miserable. He rarely cheated sex, was interested in me as took and mother to his children.

He said he loved me, but there was no spontaneous affection. I had the kids early on, so felt stuck. Also, he was a decent father. But I felt I was suffocating until I had the courage to get a divorce.

Had to Leave

A: Staying for years AFTER you've already recognized that a relationship is making you miserable isn't healthy — not for you and not for the kids either.

Your husband's statements of love may have been the best he could offer as someone damaged emotionally, but it wasn't enough for you.

It's never wise to live in a toxic environment, but when you know the money isn't going to lessen, you need to make the call.

I sincerely hope you helped your kids deal with his emotional reserve.



Next week in



Regina's Chad Miller emerged from a life of addiction to become a mentor to troubled kids

SPACES

Spaces celebrates beauty both indoors and out. If you have a living space we should highlight, email QC@leaderpost.com

SASKATCHEWAN'S BEST SPACES

Bringing back Halloween with a \$10,000 display

By Angelina Irwin

WHO? Adam Krutko and his girlfriend Lynsey Furness, with the help of their siblings, Matt Krutko and Hayley Furness

WHAT? A haunted backyard complete with animatronic zombies and witches, a dungeon, graveyard and a spider tunnel, and that's just the beginning. In order to enter the yard, you must first walk through a giant home made by the Krutkos' stacked windows. Then, you pass through the dungeon to get to the graveyard. Oh, don't mind the several limbs on the barbeques.

"Finger food" explains Adam. A fog machine gives the graveyard an eerie look. Next, is the incredibly creative and horrifying death row display. An animatronic man shakes and screams in the electric chair followed by a man in a palliative, a pillion and a person whose been hanged from a tree. One unlucky fellow is awaiting death row in a jail cell made by Adam right next to the window, sitting around a bubbling cauldron. Zombies open light up and scream while you make your way to the insane asylum, which just happens to be situated by the skull fountain pouring blood. You're only about halfway now if you haven't turned away at the site of the baby zombie in a stroller or the screaming faces in the insane asylum windows then you'll be greeted by a zombie mother and her baby in a bedroom. She slowly rocks and sings a horrifying lullaby while sometimes, equally as scary designs in the bed. Pictures on the wall change from people with pleasant expressions to disgusting and disfigured faces as you walk (or run) by. You're nearing the end, but if spiders aren't your thing, then close your eyes and run. Congratulations! You've made it out alive — in perfect time to be greeted by a home-made live, interactive roller coaster.



QC PHOTOS
BY MICHELLE BENS

SPACES



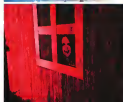
WHERE? 1422 5th Ave. N. in Saskatoon's North Park area. The yard has been open to the public free of charge since the beginning of the month (Wednesday-Saturday 6-9 p.m.) They'll dismantle the display after Nov. 5.

WHEN? For the last three years, the couple has been creating the display last. This year has been the most elaborate.

WHY? "We're trying to bring Halloween back," says Adam. "I remember when I was a kid and you'd see like 50 or 60 kids and they'd all be running down the street, having a blast [on Halloween]. And everyone would have spider webs covering their house and pumpkins all carved up and you don't see that anymore." Although the display is created for all ages, the couple kept children in mind. "We keep some of the blow up stuff for the smaller kids so they know it's fake."



HOW? With lots of time, creativity, elbow grease, additional help and money, Adam says they've put nearly \$10,000 into the yard over the last three years. They purchase big things like animatronics at conventions, online or in local stores. They save money by buying the small items like fake eyes, or sticks at dollar stores and Adam builds the rest, him self. Guiding the sandworm was a two-month process that almost didn't see completion. "We had a lot of struggle with the structure and making it strong enough, safe enough for people to walk through." It's made out of PVC pipe over a wooden board (2x8) and cardboard. Zombieland is Adam's favourite movie. It's where the leaked infected see material created zombies and that's why he can be found wearing a hazmat suit, ready to speak anyone who has the guts to enter his yard.



ON THE SCENE

View more On the Scene photos
at [Facebook.com/QCRegina](https://www.facebook.com/QCRegina).

#PPM CAPITAL BIG HUG FUND HALLOWEEN BASH



ON THE SCENE

Send your CFL fan photos to QC@leaderpost.com for a special photo page in our Grey Cup issue!

#PFM CAPITAL BIG HUG FUNO HALLOWEEN BASH



You know these Halloween parties in the houses that look cooler than anything you've seen at school? This party is like that. For the past five years, investment management firm PFM-Capital has put on the annual Halloween Bash to raise money for different local charities through its Big Hug Fund.

Hosted at Grove Kitchen + Wine Bar which is an ancient building by Regina standards, has an ethereally spooky atmosphere, the effort they put into decorating makes it extra nice.

The year's party held Oct. 28 supported Greenhead Outreach, which offers support like food, housing and advocacy for people in need. The \$100 ticket included beverages, appetizers and entertainment — including music by Holloway Day, live fundraising music by Chester the Drummer and photographic fun by Click-Photobooth — for the 130 guests.

1. Party and Belina: Paula Dupuis and Carol Farmer
2. Lisa McCosken, Andy Poulin-Denis, Colleen Herman and Gaston Benoit



3. Zoolie Paris, Michelle and Cameron Stewart
4. Movie time: Adam Braker in Jason Momoa's Ron Burgundy and Meghan McElroy as Sally from The Nightmare Before Christmas
5. Two Frodo: Chantal Harmon and Rachel Menor
6. Crow was decorated inside and out for the Halloween Bash
7. Deck Dynasty: Rene Benoit, Mike Werth, Jason Moser, Johanna Salomon, Marja Rae and Janet Zelenky
8. Ben and Matt's Dynamic Duo: Braden Marchewka and Jack Buchanan

GC PHOTOS BY TREV FLECH



Receive all the latest deals and specials on your cell phone.

TEXT US 7600 keyword Health Foods, Bulk Foods or Vitamins

You will be automatically entered to win a Gift Pack or \$25.00 Gift Certificate from Old Fashion Foods



We offer 10% OFF on select regular priced items to seniors, ambulance drivers, firefighters, police & card carrying gym members EVERYDAY.



OLD FASHION FOODS

6 CONVENIENT LOCATIONS TO SERVE YOU
Regina & Weyburn Hwy 2425, Quenneville Rd.,
P.O. Box 1000, Regina, S4S 0A1
www.oldfashionfoods.com

Treasured Moments



DESIGNED
FOR PEOPLE
JUST LIKE YOU!

"Treasured Moments" is an ideal way to announce...

- engagements
- weddings
- anniversaries
- births
- birthdays
- graduations
- retirements
- reunions
- "Come & Go" events, etc.



is an attractive, inexpensive way that delivers your announcement in both print and online!

Plus by placing your announcement in "Treasured Moments" we also include your announcement on our online website containing ads where your announcement will also appear online for 3 months. From the date that it appears in The Leader Post!

Call (306) 781-5466 FOR MORE INFORMATION.
Deadline is Two Fridays prior to Saturday's publication.
Reservations are required.

CLASSIFIED
(306) 781-5466

#CROSSWORD

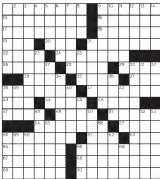
NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 Clever headpiece
 5 Recently outcast
 10 Speed trap operators
 16 Insurance of heavy motor vehicles
 17 Heavy trouble infamously
 18 Prepaid cellphones
 19 Hokey farm creature
 20 Before a full glass
 21 Move after heavy rest
 22 Hit Sat. and others
 24 Dance as a rope
 26 America's most
 28 Cautious, especially at an airport check
 30 Recipe hint
 32 Work assignment
 33 Dress
 37 Love involvement, informally
 38 Tended to death's way?
 41 Gets ready to use an appliance
 43 Lions' place
 44 Crash-probing verb
 46 Thumbtack
 47 Ship
 48 More empathy
 51 Windy verb
 54 Water dish
 57 Pseudo-Inventor Rube
 60 A film comes in there
 61 —Hit
 63 City's mixed
 64 A's verb
 65 Amusement at
 66 Indiana antisocial
 67 Aerial's home
 68 School sound system
 69 Established as others
 70? It flies

DOWN

- 1 Throne and others
 2 It's more useful when it's booted
 3



PUZZLE BY MICHAEL KAMINSKI/NEW YORK TIMES

JANBIC CLASSIC SUDOKU

Level: Silver

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Beginner (easiest) to Silver to Gold (hardest).



Solution to the crossword puzzle and the Sudoku can be found on Page 27

BEST
 THE COPPER KETTLE
 UNCH
 BUSINESS
 SPECIAL OCCASION
 DATE NIGHT

You Fill
 In The
 Rest!



1953 Scarth St.

306-525-3545

ENTER FOR YOUR CHANCE
 TO WIN A PAIR OF TICKETS
 TO THE BIG GAME



WATCH FOR IT IN
 INSIDE GREEN
 OCTOBER 31ST

Mosaic

SHARPEATS

See a food trend you think deserves a highlight? Email QC@leaderpost.com or visit us on Facebook

HALLOWEEN RECIPES

What to do with all that leftover pumpkin

By Jenn Sharp

Pumpkin carving would be a lot more fun if there was a tasty (and easy) way to get rid of all the leftovers I have roasting the scrub but what to do with all that pumpkin meat? One could always make a beautiful soup for fall, but that's a lot of work... and it sounds a little too healthy for Halloween.

What I really want is a tasty alternative to store-bought candy and an easy-to-make one at that.

My mom's delicious pumpkin muffins are on the rich side — perfect for a growing Halloween treat. As white the kids are gorging themselves on a sugar fix, you can kick back with a cup of tea and one of these speed muffins and rejoice knowing your pumpkin didn't go to waste this year.

LORI'S PUMPKIN MUFFINS

INGREDIENTS

- > 1 egg
- > 2 eggs sugar
- > 1 1/2 cups cornmeal
- > 3/4 cup pureed pumpkin
- > 2 cups flour
- > 1 tsp cinnamon
- > 2 tbsp baking soda
- > 4 tbsp baking powder
- > 1/2 cup salt
- > 1/2 cup ginger
- > 1/2 cup molasses
- > 1/2 cup cloves
- > 1 cup dark rum

METHOD

Preheat oven to 400 F. Mix in order given. Spoon into muffin tins. Bake for 15 to 17 minutes. Makes 18 muffins.



Pumpkin muffins: a grown-up treat. QC PHOTO BY MICHELLE RENO

HALLOWEEN TRICKS AND TREATS IN REGINA

Kim and Ashlee's Sweet Ambrosia Bakeshoppe

2300 Alameda St. N. Kim and Ashlee is a famous for its decadent, farm-to-table baking and they really love to go about the Halloween. A range of sugar cookies are available, such as witches, candy corn, cauldrons, tarantulas and skulls. Pumpkin spice cupcakes and others with a Halloween theme are also available. Fresh for Halloween.

— look for cupcakes with fingers and eyeballs

Bushwacker

2006 Dewdney Ave., Oct. 31, 8 p.m. to midnight. \$5 cover. A Celtic Halloween. Irish dancing to live Celtic music with The Wild Riffs. A Halloween costume contest, winner receives \$100 gift card. A final keg at the sold-out Great Pumpkin Speed Brawl will be saved and will be an app.



Baby-pot cupcakes from Kim and Ashlee's Sweet Ambrosia Bakeshoppe. QC PHOTO BY TRISH FULFORD

WINE WORLD

SCARY COCKTAILS

Eyeball martini leaves lasting impression

By James Romanow

OK folks, it's time for everybody to unleash their inner Martha Stewart. It's Halloween, and I can think of few things sicker than that. If you're having people over for a party or just a drink, this is your best chance to impress them

My all-time favorite is the eyeball martini. It is relatively easy to make and is served in a tasty drink as opposed to some kind of drink that looks cool but tastes perfectly foul. Eyeballs can work as a surprise in opaque cocktails like tomato soup too.

If you only need one or two cylinders, make three before shaking. If you're having a party, make a few in advance. Buy the biggest rubber you can find. Use a mallet to skin them, leaving some red "arteries" visible against the red. Then graze out a hole big enough to hold a pinners-stuffed green olive. Oh and leave the red the "optic nerve" attached.

The tricky bit is gouging the hole. I like the interior cavity to have a bigger diameter than the hole because it keeps the olive in. To do this you need a very narrow bladed knife (like a scalpel). I use the smallest blade on a Swiss Army Knife. If you can't be bothered, you can always just smear the cytoplasm with a toothpick. An idea that most people find quite disturbing.

Then, mix a drink to eat. I use Tropicana OJ and Natty Pro! very much, at a ratio of



about 30 l, which is to say an ounce of gin, and a quarter teaspoon of vermouth. Shake well over ice and pour. Then garnish with an eyeball.

Daily Frost White Vermouth \$96 *****
Tusser's Gin \$96 *****

More wine in Monday's paper and on Twitter
@delaware

Crossword/Sudoku answers

F	E	E	L	O	E	S	A	S	A	I	L			
T	R	O	O	P	C	R	S	I	M	C	L	O	A	
H	O	T	W	A	T	E	R	R	E	C	O	D		
A	N	T	O	E	R	A	S	A	R	I	L	E		
N	C	O	S	R	U	P	T	U	R	E				
S	H	O	M	E	S	T	E	P		T	E	S	P	
	L	O	A	D	S	U	P	S		L	I	K	E	
A	N	A	G	R	A	M		P	L	U	G	S	I	N
D	I	N		N	T	S	B		Y	E	A	S		
S	O	D	A		E	D	I	T		S	L	E	E	
	T	A	B	O	D	E	D		E	N	O			
L	E	T	T	E	R	S		J	A	I		V	A	T
I	M	M	E	R				H	A	R	D	T	I	M
N	A	R	N	I	A			I	N	T	E	R	C	O
E	X	A	M	E	D			D	O	S	S	I	E	R

3	4	2	1	5	9	8	6	7
7	9	8	2	3	6	1	4	5
6	5	1	7	4	8	9	3	2
4	8	6	3	2	5	7	9	1
2	1	5	6	9	7	4	8	3
9	3	7	8	1	4	5	2	6
8	2	3	9	7	1	6	5	4
1	6	4	5	8	2	3	7	9
5	7	9	4	6	3	2	1	8

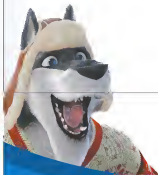
Sears® OUTLET

50 Electrolux JENN-AIR KitchenAid Kenmore SAMSUNG
kensie Roots PAULA DEEN PALISER NAT UZZI

Ultimate Canada-Wide Talk, Text, Data and Mini Voicemail

Ultimate 70 Plan | \$70/mo.

- UNLIMITED Canada-wide data with no data overage charges
- UNLIMITED call to over 600,000 SaskTel wireless customers anytime, anywhere in Canada
- UNLIMITED local calling any time of day
- UNLIMITED text messaging (Canada and U.S.)
- UNLIMITED picture and video messaging (Canada and U.S.)
- MINI Voicemail
- And more!



PRIDE SPONSOR OF THE



SASKATCHEWAN ROUGER FISH

SaskTel 
AUTHORIZED DEALER

Wireless

SASKATOON — REGINA
1601 Quebec Ave. 555-5555

1320 Lorne St. 525-5128

YORKTON
44 Duncanson Ave. N. 783-6677



Financing Available oac

**AUDIO
WAREHOUSE**

www.audiowarehouse.ca